

Pudding Pie Lane
Langford
Bristol
BS40 5EL



MENDIP VALE

Mendip Vale Medical Group
Your Health, Your Care, Your Medical Group

01934 852906

I (fill in name) have been advised to self-isolate for the government recommended interval of 7 days (if symptomatic)/14 days (if member of the household is symptomatic).

As I appreciate the stress this crisis is putting the NHS under, I have collected this letter in place of a sick note during this illness. This course of action has been endorsed by my surgery. To independently issue medical certificates for all those affected by the need to self-isolate would add further pressure to the already stretched health services.

This action is recommended by the management of Mendip Vale Medical Practice.

Kind regards,

Mendip Vale Medical Group